

Name

## Gastric Bypass Roux en Y Pre-operative Test

Please complete the following examination, answering each question carefully. Your answers will help us to be certain that you fully understand the information which has been provided to you about your operation, and to point out to us what needs to be clarified and explained to you further.

**Each statement is true or false. Please check the answer that you believe is correct:**

- True False** 1. It is important to eat high protein foods such as eggs, cheese, fish and chicken following the Gastric Bypass, since malnutrition can occur.
- True False** 2. There are no other operations or programs for obesity available, except the Gastric Bypass.
- True False** 3. Staple or suture lines may leak, and may result in infection, or an opening between the stomach or intestines, and the skin.
- True False** 4. Clots may form in the legs or pelvis, which can break off and float into the lungs. These can cause breathlessness or chest pain, and can be fatal.
- True False** 5. It is important to exercise and to avoid snacks after the Gastric Bypass.
- True False** 6. After the Gastric Bypass, patients are guaranteed to permanently lose weight.
- True False** 7. Diabetes, high blood pressure, back pain and similar ailments always get better after obesity surgery.
- True False** 8. When serious complications occur, Intensive Care, for short or long term, may be necessary.
- True False** 9. Re-operation may be necessary due to bleeding, hernias, ulceration, bursting of stitches or staples, leakage, blockage of the Intestines, or other causes.
- True False** 10. Gastric Bypass is a cure for obesity, and afterwards patients can lead a normal life, without regular medical care
- True False** 11. After obesity surgery, the patient is committed to taking vitamin and mineral supplements, possibly including vitamin injections, for life.
- True False** 12. If not already removed, the gallbladder may be taken out at the time of surgery, since there is a high rate of gallbladder disease following the Gastric Bypass.
- True False** 13. Obesity surgery is an easy operation, and not a very serious or risky procedure.
- True False** 14. Patients don't usually feel nauseated, or vomit, after the Gastric Bypass.
- True False** 15. Complications only occur in the hospital. After discharge, medical problems are unlikely, so it is important not to bother the doctor with minor problems.
- True False** 16. Surgery has nothing to do with emotions, so dangerous depressions cannot occur after obesity surgery.
- True False** 17. Patients can be quite uncomfortable or miserable for the first 48 hours after surgery.
- True False** 18. After a Gastric Bypass, a person can eat as much of any kind of food as he wants, and not gain weight.
- True False** 19. In the United States, approximately one out of two hundred patients who have obesity surgery dies.
- True False** 20. After the Gastric Bypass, significant nutritional problems with protein, iron, vitamins, body salts and minerals may occur.

I certify that I took this test myself, without any help in answering the questions.

Signature:

Date:

Incorrect answers reviewed and clarified with the patient.

Doctor: